



THE GUINN GLP-1 GLOW UP LAB

CLINIC PARTNER GUIDE — GLP-1 LAB ACCESS

The GLP-1 Lab Patient Access Portal

Powered by Guinn Fitness & Nutrition

Education | Nutrition | Strength | Mindset

Why We Partnered

The GLP-1 Lab provides your patients with structured support for sustainable results while on GLP-1 therapy. They'll learn how to eat, move, and think differently — so their transformation lasts long after the medication ends.

What's Included for Patients

- ✓ Nutrition + strength education
- ✓ Mindset + behavior change modules
- ✓ Weekly tools and trackers
- ✓ Community connection and accountability

Our goal is to reduce patient overwhelm, strengthen adherence, and support sustainable, confident progress.

How to Share It

- Email the link to every patient starting GLP-1 therapy
- Add it to your patient intake or handout packet
- Display the QR code at your front desk or exam rooms
- Patients can join anytime — no app setup or payment needed